#### Modes (example using C Major)

### Ionian 1 - C D E F G A B C

The all so familiar major scale, happy, joyful.

### Dorian 2 - D E F G A B C D

Dorian - often heard in Celtic and early American Folk songs derived from Irish melodies, melancholy and soulful soulful, unresolved.

# Phrygian 3 - E F G A B C D E

Phrygian - bright, Middle-Eastern sound to it that works well with folk and traditional dance music. Commonly used along side major scales.

# Lydian 4 - FGABCDEF

Lydian - The Lydian mode is the complete opposite of the Ionian mode/major scale, so it feels as solid and bright as a major scale but the intervals are surprising and unexpected

### Mixolydian 5 - GABCDEFG

similar to Lydian in the sense of having a major-scale feel with minor intervals and it's a great mode to work within to give a bluesy feel to your compositions.

### Aolian 6 - A B C D E F G A

Aeolian - Strong sense of sadness. The intervals of create the same feel as many modern blues songs. Songs composed in Aeolian mode have a strong sense of sadness. Resolves but in a different feel to Ionian, more despair than melancholy.

### Locrian 7 - B C D E F G A B

Locrian - It exists to fit the pattern considered unworkable, unstable, sometimes used in heavy metal. Unsettling.